

KW/LW

3rd November 2023

Dear Parent/Carer

City Schools Cross Country Championships 2023 (Year 7)

Your child has been selected to represent RRMA in this year's city schools cross country championships at Austin Friars School, Carlisle on Friday 17th November 2023. They will leave school at 12.45pm and return at approximately 3pm provided there is no over-run. The first race will start at 1.30 pm.

Your child will need to bring with them:

- Plenty of drink (preferably water)
- Full PE Kit as these are the team colours
- Running spikes, football boots or trainers
- Waterproof/Warm Jacket
- Inhaler if asthmatic
- Packed Lunch

Please return the slip below to me by Tuesday, 14th November 2023.

If you have any queries, please don't hesitate to contact me at the Academy.

Yours sincerely

.K	91)	ilson	,
$\sigma \iota$	w	wywi	

Mr Karl Wilson

Assistant Principal/Subject Leader of PE
Please return this permission slip to Mr Wilson, Subject Leader of PE
City Schools Cross Country Championships (Year7) 2023
I give/do not give* permission for my child: to attend the City Schools Cross Country Championship on Friday, 17 th November 2023. * Please delete where applicable
I can confirm that medical and contact information are as currently held by the school.
Signature: Date: